



# THE LEXINGTON CONCORD

Vol. 4 No. 1

November 2021

## Thanksgiving Traditions By Leah P.

Thanksgiving break is right around the corner and I couldn't be more excited. Thanksgiving is one of my favorite holidays because I like to get dressed up and hang out with all of my family and friends. We usually go to Cincinnati because most of my family lives there. There's a place called The Schoolhouse Restaurant that we always go to with my whole family. It used to be a old schoolhouse from the 1860s. It's really interesting and they always have the best Thanksgiving menu. In addition, there is a little goat farm and cute store outside. My cousins and I always recreate the same picture on this old rusted out tractor year after year. Hopefully, we get to go this year to continue our family tradition. I plan to spend the remainder of Thanksgiving break hanging out with friends, sleeping, and watching old movies with my dog Mimi. Life is filled with simple pleasures.

## Wishful Thinking By Anna P.

Do you ever see Flynn Rider walking the halls? Well look again because it's actually Mr. Kathrein. I think Mr. Kathrein is the **real** Flynn Rider. I think he cut his hair as a disguise to hide from the paparazzi because he is technically a prince. His wife has short blonde hair which obviously makes sense because Mr. Kathrein didn't want "Rapunzel" to save him. So he cut her magical long hair. How daring! Mr. Kathrein loves pans because that's how he fell in love with "Rapunzel". He loved how he used to get hit with pans so now his favorite kitchen utensil is a frying pan. As we know Mr. Kathrein carries a brown satchel and in the movie Flynn carries a brown satchel. If you look close enough you'll find tiny little diamonds inside from the crown that was technically Rapunzels. You can Believe me or not but I know what's really going on and I'm going to prove it to you!



## Note from the IT editor

Federal law says that schools can only use first names when referring to minors on the internet. So you will see the authors and anyone else mentioned by first name only, sorry for any confusion this might cause.



Follow us on  
twitter:

[@lexconcordnews](https://twitter.com/lexconcordnews)

Click above or scan below



[Go to the list of articles](#)

# List of Articles

Click below to be taken directly to the page. \*

## Quick Tech Tip:

If you are working on a group project use your student OneDrive accounts and the whole group can work on the same file at the same time in real time.

You can access it by going to the Lexington Home page > Parents and Students > Student Email > login with your school computer login > OneDrive > create the files you need > then click share in the upper right > type in the person(s) name click share > have them check their school email (by clicking Outlook where you clicked OneDrive earlier) then you can all collaborate on the same document at the same time

The Significance of Turkey.....[Page 3](#)

Cowboy Awards.....[Page 15](#)

Sylvester's Pumpkin Pie.....[Page 4](#)

Technology Dependence.....[Page 5](#)

How Exercise Affects Mental Health.....[Page 10](#)

Junior Year.....[Page 9](#)

Fall Sports Capsule.....[Page 8](#)

Mental Health.....[Page 13](#)

Mental Health.....[Page 12](#)

Craft Show and Team Bonding.....[Page 11](#)

Freshman Career Planning.....[Page 6](#)

Lex Argue.....[Page 7](#)

Clubs.....[Page 16](#)

[Note from the IT Editor](#)

[Quick Tech Tip](#)

\* Please note, due to problems in the Microsoft Edge browser the links will not load correctly. Please use Google Chrome for the best experience.

# The Significance of Thanksgiving Turkey?

By Olivia W.

As the Thanksgiving holiday approaches, turkey sales skyrocket. But why do Americans eat this notorious meal for the holiday feast?

Found only in North America, turkeys have been infamously associated with Thanksgiving for centuries. The pilgrims shared a meal with the Wampanoag Indians, commemorating the success of their colonization, thus creating The First Thanksgiving. However, historians



believe it was not until 1863 when US President Abraham Lincoln declared the fourth Thursday of every November as the national holiday of Thanksgiving

that turkey was on the menu. Americans jumped at the opportunity to celebrate with turkey, making it the main dish of the meal. Turkey was so convenient to families as these wild birds were seen mostly everywhere in the eastern part of America. Nonetheless, another common speculation is that the popularity of Charles Dickens and A Christmas Carol



boosted the idea that turkey is special and should be used for annual celebrations like Thanksgiving and Christmas.

Turkey has now been used as a symbol for this holiday celebration. The distinctly American bird influenced numerous notable parts of the Thanksgiving holiday. Turkey helped name a famous 5k run each November, “The Turkey Trot” as well as being the main and oldest most popular float in the Macy’s Thanksgiving Parade. Turkey is widely bought today because of its affordability, deliciousness, and ability to feed everyone around the table.



## *Introduction (Recipe below)*

Symbolically, pumpkin pie is one of the foods most commonly associated with Thanksgiving and November in general, dating back to at least the mid-1600's. Its rich flavor and beautiful texture has made it one of the many seasonal staples that comes back time and time again each and every holiday season. Many people shake things up whenever one cooks it, adding and/or removing spices like ginger and clove, and changing other small textures and tastes. Personally, I enjoy crushed graham crackers for my crust; they feel more flavorful and engaging than regular pie crust. The taste leaves nothing to the imagination and everything to the tongue. So, here's the recipe:

### *Recipe - Sylvester's Pumpkin Pie*

#### *Ingredients:*

Crust: Ten graham crackers, 2 tsp. of sugar, 4 tbsp. of butter.

Pie filling: Approx. one and three-fourths cups of canned pumpkin, 14 oz. of sweetened condensed milk, 2 eggs, 1 ½ tsp. of cinnamon (ground), ½ tsp. nutmeg (ground), ½ tsp. brown sugar.

#### *Directions:*

Crush the ten graham crackers finely, to a sand-like texture, and put them into a bowl. Then, mix the 2 tsp. of sugar with the graham cracker crumbs and set a pan or pot on the stove on a medium heat. Put the butter into this pan or pot and wait for it to melt, without burning; this will help bind the crust together. Mix the butter with the graham-sugar mixture, then put into a pie pan (I'd recommend a non-flexible one). After that, spread out the mixture evenly in the pan. (When I do this, I use the bottom of a measuring cup in order to flatten the crust evenly and put the crust along the sides.) Put the crust and pan into the freezer to let chill for about 30 minutes to an hour. While the crust is cooling, mix the pie filling ingredients together in a mixing bowl or stand mixer, and, depending on how long your oven takes to preheat, preheat the oven to 400 degrees Fahrenheit.

When the crust is done in the freezer, put the pie filling in, and place the pie in the 400 degree oven for thirty-eight to forty-two minutes. Next, take the pie out and let sit for at least two hours, if not more; letting the pumpkin pie out and leaving it allows the filling to solidify and finish cooking (if the filling doesn't solidify, it can look somewhat like applesauce or is somewhat runny.) After sitting for a few hours, the pie is done.

# Lexington Student's viewpoint on Technology Dependence

## By Eden D.

Students in Generation Z are known for being a tech savvy, technology addicted group. I did a study on how they feel about the use of technology in school and in everyday life. According to the majority of Lexington high school students, 82% are spending at least three hours on their phone each day, leaving just 18% with a lesser screen time. I asked classmates if their dependence on technology has taken away from school, their social life, friends, family, and other aspects of their life. It was a close survey having 47% say yes and 53% no. Both of these statistics show that students are using technology frequently throughout their day. Next, I did a poll on how technology affects school. I asked, "Does having a phone at school distract you from learning?" A 72% majority voted no. To back up the idea that students don't feel a negative effect from the increasing use of technology, I asked, "Is using technology in the classroom more effective than without?" Again, 72% voted yes, leaving only 28% of Lexington students believing that technology has a negative impact on learning during school. In conclusion, this evidence supports the idea that students don't think their reliance on technology is a negative thing, in contrast to many adults that frown upon the "screen addicted" teenagers.



Here is what university research has shown:

<https://www.brookings.edu/blog/brown-center-chalkboard/2019/05/08/is-technology-good-or-bad-for-learning/>

<https://inspirationfeed.com/negative-effects-of-technology-in-education/>

# Freshman Career Planning

By Kylah C.

Welcome to my section of the Lexington Concord! I'd like to begin by saying how happy I am to join the newspaper, and how excited I am to work towards becoming a full time writer someday. So, in other words, let's begin! So I wanted to present to freshmen what they should most likely be setting in place. First and foremost, join some extracurricular activities! Think about what you want to do for a career, and start there. Say you want to become a writer, or a journalist. Maybe you want to be an actor. What I would recommend is adding Drama Club or the Writing Club to your schedule. Most likely you should play the sport you want to play professionally if that's what you're planning. Many colleges look for different extracurricular activities for each student, and will place extracurricular activities higher.

Next, which I would say is most important. Begin going to college visits now, don't wait until your later years. College planning can do so many wonderful things for you. Also, begin the process of planning out what seals you want to earn for your diploma. I'd say one of the easier ones in my opinion are the Performing Arts seals. I'll personally be earning this as I participated in the Legend of Sleepy Hollow. I really recommend joining a play and or musical, since there's a whole cast of colorful characters. Even if you're just a member of the ensemble, or behind the scenes tech, you're still working to produce something everyone can love. Another seal which would probably be a good one to snag, is the Science Seal. We all have science classes, and this one should be pretty easy, as long as you study. Understanding the fundamentals of science are key to securing our future, from doing our best to reverse global warming, to inventing more efficient fuels. Plus, lab experiments are quite fun, aside from dissecting animals and trying to figure out how to keep your lunch down.

Aside from that, if you don't have a plan for your future, don't fret. You still have time to figure out what career you want to pursue. Whether that be military, or going to a trade school such as Pioneer, or heading straight to college. A note to everyone, what happens in high school can affect you forever. Your grades, these years matter the most, and are extremely important. Think of this as college prep. You can begin working right out of high school with your high school diploma, but you'll need the best grades you can get. Work hard and study, friendships and relationships can wait. Drama and everything doesn't matter in the real world, and just focus on what you want to do in the future. All I can say is do your best, and if you're stuck, do ask your teacher. They want to see you succeed, it is their job to teach you, and to help you learn and grow as people. And finally, enjoy your high school career. It'll fly by quicker than you think, no matter how ridiculous it may sound these will be the quickest years of your life. We're already halfway through our first year. Along with that build strong memories you can look back on. And even if you don't have a date to a dance? Still go, and hang out with your friends. Just enjoy your high school career. It'll be short. Just enjoy it! See you in the next issue!

# Lex Argue: Students Speak Up About Testing, Sleep, and Stress Levels

## By Chloe D

**Students are overwhelmed.** Whether it be with school, work, extracurriculars, family circumstances, or any of the like, it is evident that student stress and anxiety is on the rise.

**Testing is a major part of high school and education in general-- it seems inevitable.** However, over time, it seems the number of in-class quizzes, in-class tests, and standardized tests has only gone up. One student explains, “it’s not uncommon to have three tests on the same day. The amount of tests and the amount of homework I have makes it hard when I have work or my extracurriculars after school.” The increase in tests has affected students in a number of ways. Tests are not only adding to the daily stress of life, but many argue tests are not the best way to measure one’s abilities. An anonymous junior describes, “School isn’t even about learning anymore. It’s about what you can memorize.” Many students feel this exact way-- memorizing for a test, then immediately forgetting what you “learned” is in no way effective, or beneficial. Another junior argues: “Tests do not always determine the level of skill a student possesses. Some kids just aren’t good test takers.” Out of the 175 people interviewed, it was determined that *87% of high school students from around the area agreed testing (quizzes, tests, midterms, finals, standardized testing) should be limited.*

**Sleep is essential to human development and function.** Nevertheless, high school students are not getting enough sleep. Whether it be from homework and jobs, or extracurriculars and responsibilities at home, students are in dire need of more rest. One student explains, “It’s a fact: teens stay up late. It’s a biological thing. But we have to get up so early for school so our natural rhythm is messed up. It’s a losing battle.” Another student describes their insane workload, detailing, “After school, I have sports and other commitments that keep me out until 9 or 10 and then I’m stacked with homework... I’m lucky if I get to bed before midnight on some nights.” Some students argue a “phone addiction” is the reason for student’s lack of sleep, but others explain that though they have this so-called addiction, it is their way to unwind and take a break from their long days. Whatever the case, the problem is urgent: students all over are losing sleep. 175 students were surveyed, and *a whopping 93% of students from around the area said they were not getting enough sleep.*

**Stress is rising amongst students.** There are many contributing factors, and each of these factors are majorly impacting students’ overall wellbeing and mental health. A junior at Lexington High School explains their experiences with stress in a visual way, “You can see it all your classmates. I see someone crying in the hallways or in the bathroom at least once a day. It’s not a good situation.” Another student lists all the reasons students have to be stressed, “Heavy work loads, external stressors, lack of prep for the future, juggling work and homework. It’s all so much to do and take in.” Students feel pressure to succeed and do well to a major degree. Students feel as if teachers don’t realize that while students do need to prepare for the future, they are still kids who have busy lives outside of school. “School is important, yes. But it should not run our lives.” Out of the 175 people surveyed, *94% of students from the surrounding area feel their and their classmates’ stress levels are on the rise.*

**More Resources:**

**Testing:** <https://youtu.be/YtE0OsRWeYI> <https://youtu.be/woVtj8GH678> <https://youtu.be/rlArEdgnYKA>  
**Coping with stress:** <https://www.cdc.gov/violenceprevention/about/copingwith-stresstips.html>

**Students speak about stress:**

<https://youtu.be/FhG-VoRtkKY>

<https://youtu.be/dbic3JCX1jo>

**Negative effects of stress:**

<https://youtu.be/KnHeX6fZBW4>

**The relationship between stress and memory:** <https://youtu.be/hyg7lcU4g8E>

**Stress from a scientific standpoint:** CrashCourse <https://youtu.be/4KbSRXP0wik>

## 2021 Sports Review



The Boys Soccer Team were Regional Champs

Football made the playoffs and Karson B set the school record for TDs



The Girls golf team were undefeated and OCC Champs

Girls' Soccer were Sectional Champs



# Junior Year

By Darcie R.



Your Junior year is one of the most important years of high school. Students are trying to decide how they want to continue their education and how they want to spend the rest of their lives. It is difficult to balance academics, sports, clubs, a job, and many other aspects of life. A student's Junior year is when they have the opportunity to be eligible for National Honor Society. Many start to take college classes, and some go to Pioneer for new opportunities. The popular classes a student takes during their Junior year are Chemistry, Anatomy, Algebra II, Pre-Calculus, Foreign Languages, and the many art classes Lexington offers. Students begin to take leadership roles in their clubs, sports, and life in general. Juniors are looking forward to their senior year and what they want to do after graduation. Many attend college, but joining the military or going into the workforce should not be overshadowed. Junior year is full of memories and is an exciting time, and must be cherished during every moment. One last piece of advice to all students: do not be afraid to try opportunities and work hard to achieve dreams.



# How Exercise Impacts Mental Health

By Brandon S

Sometimes when you are stressed, it can be difficult to figure out what to do to relieve it. One solution to stress is to start a habit of exercising. Exercising can have an impact on not only your physical health but also your mental health. A study done by Harvard T.H. Chan School of Public Health shows that exercising can be used as a treatment for anxiety and depression.

The study showed that running for 15 minutes or walking for one hour can relieve depression symptoms and even lower your risk for major depression by 26%. Another benefit to exercising is that it can improve cognitive function. This happens because there is increased blood flow to



the brain which provides it with more nutrients that allows it to function effectively. If you are getting stuck on homework, exercise might be a helpful way to stimulate thinking to help you solve the problem. As you exercise more, your energy begins to increase. This can help your mental health since you will feel more motivated to accomplish your goals and have the energy to do so. Exercise also improves your self-esteem, which improves your own image of yourself. With improved self-confidence, you may be willing to try new things.

However, it can be difficult to find time to exercise when you have a busy schedule. Sometimes when you have too much to do, finding time for exercise can be a challenge. Exercising even a little bit a day still allows you to reap the benefits that come with exercising. A way to find motivation to exercise is to treat it as a priority rather than something extra you have to do. If you change your thinking about exercise to an understanding that you are not only helping your physical health but also your mental health, it can feel easier to make time to exercise. The mental and physical benefits to exercise can be a great way improve your quality of life.

## Boy's Golf Capsule

By Cody F.

Trevin Smith loves working with his teammates They push him to be better. He says, "Alone we do little, but together we do a lot ". After having a fantastic tournament Troy Chapman was told that he is going to state. The team was so proud. Jackson Pigg's favorite memory from golf was "in the hotel for districts. One of the golfers, Derek, fell asleep and to wake him up we threw an ice bucket on top of him" Troy Chapman's favorite memory from golf was, "Was the team was able to get so close together throughout the season. Also that we were able to work hard. Tyler Jackson's favorite memory was watching Troy Chapman at state this year. Tyler's lowest score this year was a 78 for 18 holes at Shawnee country club at districts. One of Tyler's goals this year was to make it to state. Sadly, Tyler fell short by 3 strokes. Troy Chapman qualified for the State Tournament.

# Lexington's 2021 Athletic Booster Craft Show

By Karis H.

The Lexington Athletic Booster craft show returned on November 13th, after a year off due to covid-19. The once very popular craft show was back this year, though it was not as large as past years; it is working on gaining its popularity back after the break. Still, many creative vendors purchased a spot where they set up a booth to sell their handmade products. From 9am to 3pm, those from the community came to support both the vendors and Lexington athletics.



Some shared that they were making a day of craft shows, as there were multiple others on that same day; they enjoyed both supporting creators as well as finding many unique handmade items. Lexington's craft show had baked goods, holiday decorations, wooden furniture, jewelry, paintings, and so much more. New vendors and seasoned ones put time and work into these amazing products, and the turnout

was great. This event is a good opportunity for everyone in the community- small businesses, new creators, the athletic program, and those who enjoy supporting them. Because of its popularity, the head of the craft show is thinking about starting another one in the spring as well. She is hoping that it will continue to grow as more people hear about it. Starting one in the spring would most likely help increase the popularity and provide greater opportunity for those with busy schedules to find a time that they can go and support Lexington's athletics.

## No Tricks

By Kylie G.

The Lexington softball team showed their Halloween spirit at their practice. They showed up in all sorts of fun costumes, from football players to bananas. Makenna R. said, "I thought it was a lot of fun and a good change of pace." The girls have been working hard in the off-season to get prepared for next season. The girls had a great season last year and are looking forward to being back on the field. The seniors, Sydni C., Jillian B., and Camryn C., all set up the event to get everyone excited. Coach Todd G. says, "I'm glad the team is having fun while still focusing on what they need to." Last year they had big expectations and this year they're even bigger. The goals for this year are to win OCC, keep the intensity up, and, of course, have fun. With 6 seniors on the team, they want to go out with a bang. They've turned heads ever since they were freshmen and won more games than the softball team had for years prior. It's important to have fun and work hard to reach your goals.



# Taylor Swift's Rerecordings: Why She is Doing it and What She has Already Accomplished from Them.

By, Sophia M.

Taylor Swift recently told the world she has “always wanted to own [her] own music.” Taylor left her old record company, Big Machine Records, in November of 2018. She found out that her record producer, Scooter Braun, and the CEO of Big Machine Records, Scott Borchetta, had all the rights to her music and after she left, she would make no money from her first six records (all recorded at Big Machine Records). The relationship between Swift, Braun, and Borchetta ended badly, to say the least. Braun and Borchetta taking the rights of old performances Taylor had done and every song she had recorded. At the beginning of this year, Swift announced she would be re-recording the six albums she does not own and will be labeling them (Taylor's Version) so her fans know which songs she owns.



Along with re-recording every song on the six albums, Taylor added songs she wrote during the time she composed the original albums, but never released. In April of this year, Taylor released the re-recording of her second studio album, *Fearless*. It became the first re-recorded album to reach number one on the Billboard 200 chart. On November 12, she released the re-recording of her fourth album, *Red*. On the original album a song called “All Too Well”, rumored to be about her 2010 ex-boyfriend Jake Gyllenhaal, became one of her most popular and “heartbreaking” ones, as many fans would say. The duration of the original song was around five minutes, but later she announced the original written song would end at the ten minute mark. This month, she released the original ten minute version with the re-recording of *Red*, and to say fans loved it would be an understatement. Not only did she release another version along with the five minute re-record, but also a short film of the same title, portraying the story being told in the song. But, it wasn't just fans, everyone was listening to it.

On the album's first day of release, it made Spotify history, becoming the most streamed album in one day by a female. Confirmed by Spotify, there were almost 91 million streams across the globe on the first day. The previous holder of this Spotify record was no other than Taylor Swift with her eighth studio album, *Folklore*. Swift, her fans listening to songs from her entire discography, became the most streamed female artist in one day, the day of the *Red* (Taylor's Version) release, with 122.9 million streams. “All Too Well (10 Minute Version) (Taylor's Version) (From The Vault)” went number one in the US and globally, and has kept that spot as of today (November 17th 2021) and is expected to keep that spot for a while. With the exception of the number 6 and number 11 spots, on the day of the *Red* (Taylor's Version) release, Swift held the first 29 spots on the Spotify U.S. charts. In just one day, Swift's official music video for “I Bet You Think About Me (Taylor's Version) (From The Vault)”, directed by Blake Lively, reeled in 12 million views.

Taylor Swift has been breaking records her whole life and still is, even with songs from 10 years ago. Stream *Red* (Taylor's Version).

# Review of Mental Health

By: Cadie H.



When was the last time you saw a social media post about someone struggling with mental health? Teens today struggle expressing how they feel mentally. Many teens, especially teen boys struggle speaking how they mentally feel because they feel it belittles them or makes them “less manly”. On social media it is rare to see someone speaking on half of their mentality. Teens tend to hold or bottle up their emotions and never share with anyone until they become emotionally unstable or mentally unhealthy.

We could help others feel more comfortable or less judged when they discuss their feelings and emotional stances.

Many teens have their own opinions on discussing anything about their emotions and mental health. I asked a few of my peers and here is how some of them feel about discussing their emotions and mental health. KB, says “Good depends on who”. CC, says “My opinion about people posting on social media isn’t much but, when people post about making fun of something they don’t figure that someone reading that could take it personally and it could affect them quite a bit. Such as making them self-conscious about how they look or how they act. People can be sensitive to certain comments and put themselves down because of it. Which causes depression to settle in putting themselves down more.” DB. says “I mean I guess I would do it.” Many students are fine discussing their mental health and emotions but some people fear posting about it.

Teens can suffer from being mentally unhealthy for many reasons. Some teens bottle their emotions up to the point of needing therapy and in some cases causing them to go to a psych ward. In the book, *Staying Fat for Sarah Byrnes*, it says “She bolted from the ward within twenty- four hours after the attendants heard her speak.” *Staying fat for Sarah Byrnes* was written by Chris Crutcher. Chris was a football, basketball and he ran track so he had an isolated place. He lectures 30 to 40 times a year around the world at different schools.

Worried of how your peers may think of you for posting about your mental health? Don’t focus on what other people think about your posts. Feel free to post what you want and you feel is necessary to put out into the world. Express yourself and don’t think about how others will react. Your mental health is very important to take care of. Bottling up your feelings can cause your mental health to become extremely unhealthy. If you struggle talking about your problems, find a trusted adult or friend you know you can talk to comfortably. Therefore, I would give posting about mental health a 4.5 out of 5 stars.



# Funny Fall Fashion Trends

By Emma M.

Over the years, fashion trends have changed and evolved from various different styles. Some styles are even making a comeback this year, as things such as hair clips, straight cut jeans, and more are growing to become more popular. But not all styles are as trendy and great as some people think them to be. There are some styles this fall that seem to really bother me the more I see them, and I feel it is necessary to call out these trends. So here is my personal list of fashion trends that should not be fashion trends.



Starting the list is a style that I would consider to not be the worst that I have seen; Hats. Now, hats to me hold no purpose besides making your hair sweat and grow greasier than a Denny's kitchen. These things have been around since the beginning of time, and it surprises me that they are still around. The only time I use a hat is when I have to go to a family reunion, and need to cover up the so-called "disappointment" that is my hair.

Now, hats are not as bad as I make them out to be, even though I haven't said anything too bad about them. But, if we are talking about the pictures displayed, it is always best not to go with bright colored hats unless you want to look like Mary Poppins or a baseball dad. Because, we all know that the only one who can pull off bright colors is the Queen herself. That's right, I mean the legit Queen Elizabeth. She is the only one who can wear an orange and purple hat, and not look like an Oompa Loompa.

The next style we have is black turtlenecks with berets. I have no issue with turtlenecks, who originally got their name from England because they thought it was too confusing to call them "polo necks" so they said the shirts resembled a turtle coming out of its shell. Congrats to the turtle on coming out of its shell and becoming more social with others, because if it didn't, I'm afraid we would call these shirts "Long Tubular Giraffe Necked Shirts" and that's a mouthful. My issue though with berets is that they are a hat. But not just any hat. They are the hats I think of when I think of a French person, fashionable military outfit, or an art teacher. Those all have no correlation with one another, but for some reason they are what I think of and that's the issue. Why are they related to such a variety of things? And why are they popular in the Goofy Movie? I just do not understand.



## Fashion, cont....

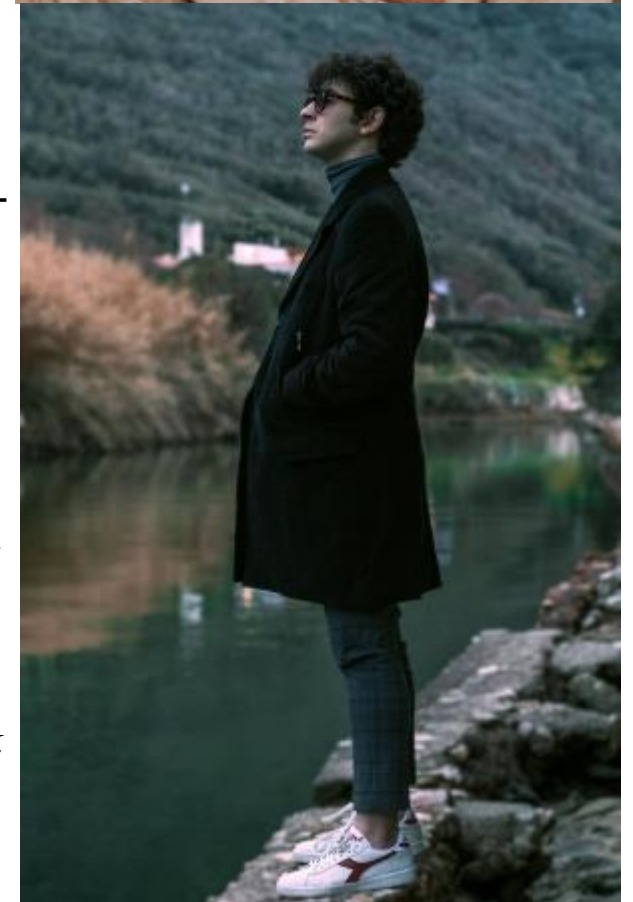
These outfits are cute, do not get me wrong, but they remind me of a girl about to go to poetry club, which is exactly what Vicki Lewis here does in the Goofy Movie. It makes no sense to me why they are a thing, but more importantly why they are just black? If you have a beret, at least give it some color like this one:

Look at this beret. It is the most stylish thing to ever have been created, and I wonder who made it...Now, we can't just make all fashion trends here about just women's fashion, we have to have a balance, so the next victim on the list is trench coats. Trench coats are stylish, yes, but only in the right setting. That right setting though is only BBC's *Sherlock* and that is if you make it as a background character. *Trench coats are not horrible, but they scare me. They hold so many secrets in them that you do not know what is hidden within them (probably another trench coat).* Trench coats are warm and mysterious, but did you know that 1 out of 23 adults are actually just two kids in a trench coat, disguising themselves to get into an R rated movie without their parent's permission?



It is a serious issue that happens every year, and more than -4 movie theaters are targeted every year. I'm just kidding, but did you know that the trench coat was another British luxury clothing? Of course the British are the ones to make all the weird clothing.

Okay, although this fashion trend is not as bad and is instead cute and very fall-like, all I can think of is that those who wear outfits of this kind look as though they are little newspaper boys. Being a little newspaper boy though is not all that bad, I mean according to the *Newsies*, *it can't be that horrible*. I only actually watched half of the movie, so I do not actually remember the plot, but still, this style reminds of *Newsies*. *Along with a paper boy, I also think of little chimney sweepers from the 1880s where everyone had an actual fireplace instead of an Alexa™ one that talks back to you.*



## Fashion, cont...



Last, and certainly least. The almighty tragedy that ever struck this country's fashion trends. The worst of the worse that could ever possibly exist. The thing that is worse than wet socks or sleeping in jeans, mullets. Now listen, I do not understand where this trend came from, but I am starting to think it was *Star Wars* or some alien movie, because this trend needs to leave. This is not fashion but instead when a barber says "Oops" while cutting your hair. It is something that needs to be rid of. There are a very select few people who can pull off these mullets, and even so, I dislike them. There is not much else to say besides how wrong these are. They need to be rid of the other trends I can deal with, but this one? There is not a chance.

In truth though, I feel as though anyone can wear whatever they want. Fashion is about expressing yourself and representing who you are, it shows your personality as a visual concept. Anyone can wear what they desire to

wear, and they should be allowed to wear it no matter the person. All of these fashion trends were full of satire, and meant to be taken as a joke. Besides mullets, please get rid of them for good, they should not be a thing. Just kidding, express yourself however you feel is right. But please... try not to get a mullet, they remind me of a cartoon country villain.

## Normalization

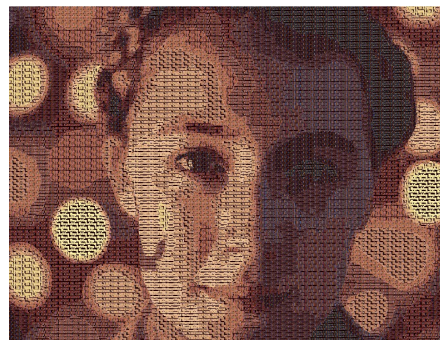
By Maya H.

Over the past two years, our world has changed dramatically. On March 13, 2019, school shut down for too many illnesses. Little did we know we wouldn't return. Fast forward to November 15, 2021 we have returned to some form or normalcy. We went online for two weeks at the beginning of the year but have been in-person since. Since the 2021-2022 school year has started we have had many things the students were able to participate in. For example, the sports teams like football were able to have a full student section for support. To kick off the football season NHS hosted a tailgate for Lexington students to prepare for the rivalry game against Ontario. To conclude the fall sports season we also were able to have a pep assembly along with class meetings. Although these are little things, it proves that our world is starting to return to how we knew it before. One of the bigger events we've had was homecoming! Last school year the homecoming assembly and dance were cancelled due to covid and having to social distance. For two years people have been waiting for this pandemic to be over. Although it is still going on, we are able to still go on with our lives and have some points or normalcy given back to us to make up for lost time.





# Spotlight ON



I am not sure how many museums that you have visited. If you have attended an art museum you might have noticed that there is a bench in front of most paintings. That bench is there for you to sit and spend a long moment reflected on the piece. Most patrons fly through each room of the museum with out ever reflecting on what they saw. Then quickly pickup an item from the gift shop. Emma H., is one of our top art students who have won many awards. Take a moment and reflect on each piece. Anything unusual about the fisherman?

## Cowboy Awards

A cowboy is a person who sacrifices for others. A cowboy is person who does the right thing despite a personal hardship. A cowboy is person that doesn't seek fame and recognition. A cowboy does because he can. Each issue, the Lexington Concord will recognize its cowboys in the spirit of John Wayne.

Hudson M.—manners are impeccable and his kindness is immense.



Darcie R.—volunteers for everything, says hello to everyone and loves America.

# LEXINGTON CLUBS

## Joining clubs/sports By Olivia S

Have you ever participated in some kind of activity for the school? If not, keep reading. There are many different sports teams such as soccer, tennis, football, baseball, basketball, and so much more. Other clubs such as drama club, Leos club, language and academic clubs, and student council are great choices as well. Joining a club gives the student a sense of belonging. It shows that students who participate in an extracurricular activity while in high school do better in attendance, 50.4% compared to 36.2%; not skipping class, 50.7% compared to 42.3%; their GPA is a 3.0 or higher, 30.6% compared to 10.8%, according to National Center for Education. Sports and clubs are so much fun to participate in, and provide many opportunities that not everyone else gets to have. It doesn't hurt to try new things, and maybe you will end up loving it.

### *Key Club*

Breakfast with Santa December 4th in the Cafeteria.

### *Biology Club*

On October 29th, Bio Club had their annual Halloween Party. Many of the members decided to dress up in the spirit of Halloween. The party consisted of food, games, and developing relationships that will last a lifetime! Senior club representative Gwen S. says that her favorite memory from Bio Club is when a few years back they went to the Ohio Bird Sanctuary and she was able to bond with her fellow members and teachers. When asked what she will miss the most about Bio Club she said, "I will miss not being able to connect with my teachers and friends after I graduate". The club is also looking forward to the upcoming trip to the Gorman Nature Center to once again bond with one another and make great memories. Bio Club and the rest of the clubs at Lexington High School have a deeper meaning than to just get better at a certain subject. These clubs allow students to come together and create friendships and help our community in the best ways possible!

