

Lexington Youth Wrestling

The Lexington youth wrestling camp will give children the opportunity to experience the sport of wrestling. Athletes will learn basic skills and techniques necessary for wrestling from the Lexington coaching staff and High School wrestlers. Athletes will also have the opportunity to use these skills against their peers in live wrestling during the camp.

- **Who:** Any students grades K-6 that are interested in wrestling.
- **When:** Mondays and Wednesdays November 15, 2021 to December 13, 2021 from 5:00pm-6:00pm
- **Where:** High School wrestling room (Located in the balcony above the New Gym)
- **Cost:** Cost is \$25 per wrestler and includes and t-Shirt for the wrestler
 - Cash or Check
 - Make checks payable to Lexington Athletic Boosters
- **Attire:** Athletic clothes shorts or sweats and a t-shirt are ideal, wrestling shoes are not required athletes can wrestle in their socks
(No street shoes on the wrestling mat)
- **Registration:** Monday November 15, 2021 starting at 4:30pm in the Competition Gym Lobby
- **Questions:** email Coach Meyer - meyer.jeffery@lexington.k12.oh.us

Wrestlers Name: _____

Address: _____

City: _____ **Zip:** _____

Emergency Phone Number: _____

School: _____

Age: _____ **Grade:** _____ **DOB:** _____ **Weight:** _____

Years of wrestling experience: _____

T-shirt size for wrestler: Child S- M-L-XL Adult S-M-L-XL (please circle one)

Parent's Signature: _____

